

FRIENDSHIP

USING YOUR WORDS AND ACTIONS

TO SHOW OTHERS YOU CARE

WEEK 1

K-1st

BOTTOM LINE: Friends love one another.

Read John 13:34

DAY 1

Show your love

Show your love to your friends this week by doing one of the following:

- High five or pat on the back
- Give a small gift
- Say kind words
- Invite them to do something fun with you
- Help them with something they need to do

THINK about how you can show your love to your friends each week.

DAY 2

Throw A Party

Invite a few friends over for a party. Instead of it being a party about you, make it a party about them. Get their favorite foods, play their favorite games, and make sure they have a good time.

LOOK at how much fun your friends have when you take the time to celebrate them.

DAY 3

Learn It

In your Bible, look up **John 13:34**. If you need help, find the Table of Contents in the front of the Bible and look for the word "John" under the New Testament. Then, you'll be able to find the page the book of John starts. Need help? Ask an adult who's near by.

While trying out these exercises below, practice saying the verse over again until you have the verse memorized!

- Jumping jacks
- Squat down & spring up
- Plank
- Marching in place

Ask God to help you show love to your friends.
KNOW that because Jesus first loved us, we can love others.

DAY 4

Hat Prayer

Draw pictures of your friends or write their names on slips of paper. Place the paper slips into a hat or box. Each day, without looking, pull a slip of paper out of the hat or box. Whoever's name or picture is on the slip of paper, pray for them.

ASK God to help you show His love to your friend today.



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WEEK

2

K-1st

BOTTOM LINE: Friends accept one another.

Read Romans 15:7

DAY
1

Flip the Verse

With the help of a grownup, write out this verse on 16 separate sheets of paper. Once you finish, flip over each sheet and jumble them up. Try and put the verse back in the right order. After you have done this a few times, ask a grownup to time you. See how fast you can do it! Every time you “flip the verse,”

THINK about a way you can make sure your friends feel accepted.

DAY
2

Toy Theatre

Gather some of your favorite toys. Pretend the toys are putting on a play. In the play, most of the toys are playing a game. One toy is left out because it does not know how to play the game. Have that toy tell the others how it feels to be left out. Then have the other toys think of a way to include the toy.

At the end of the play, **LOOK** at the toy who is now accepted and think about how that would feel.

DAY
3

Movie Mates

What is your favorite movie? **Write your answer.**

Think about that movie you wrote down. Does it include characters that are great friends? How are these characters great friends to each other? **Write your answer.**

Chances are these friends accept one another. Many movies give us great examples of friendships.

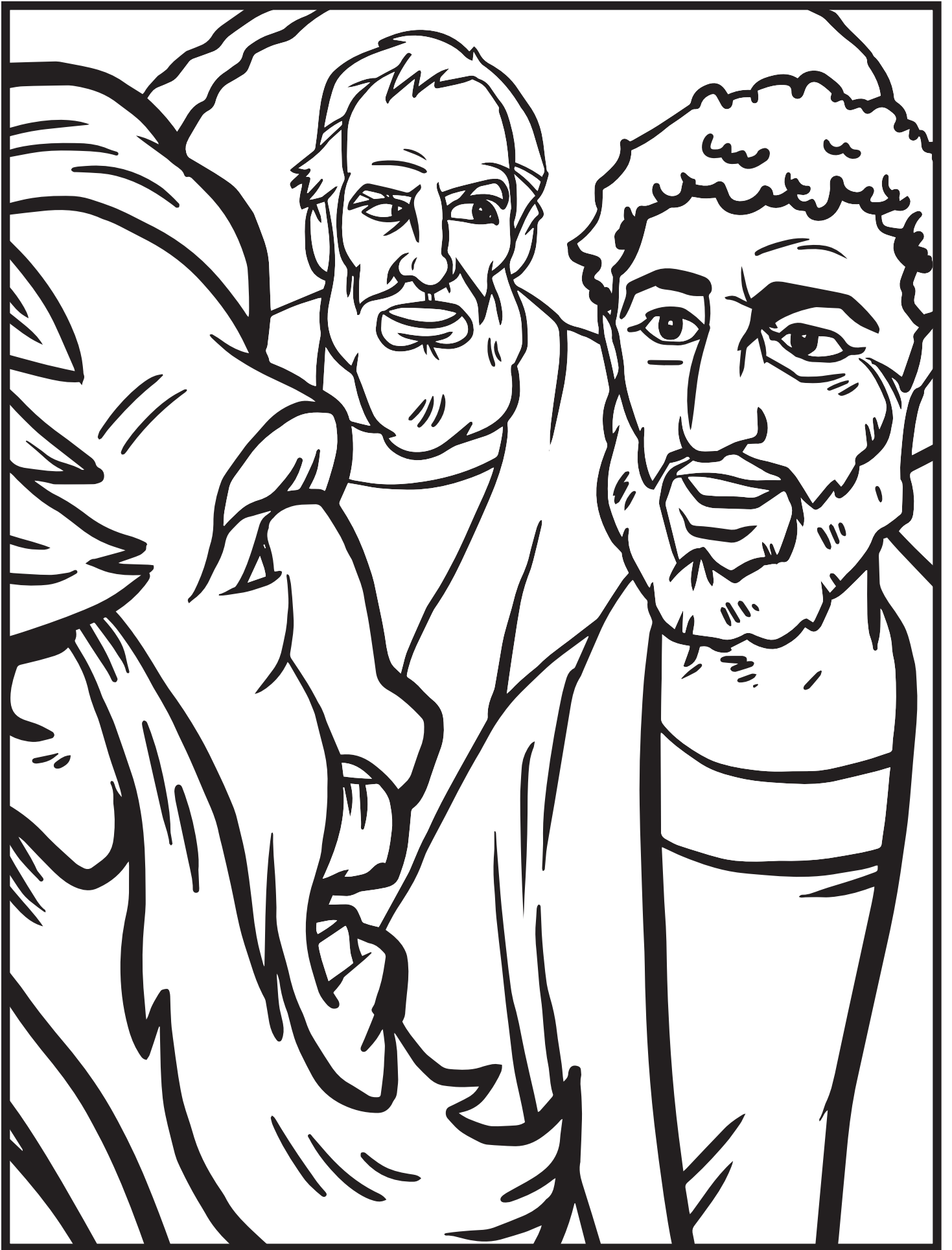
THINK about your friends and thank God for the great movie-worthy friends He's given you.

DAY
4

Leave Me Out

This week, when you ask for things in prayer, leave yourself out. Ask only for others. You can pray for good things for your family, friends, even people you do not know.

ASK God to give you the heart to accept others and thank God for accepting you.



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WEEK **3**
K-1st

BOTTOM LINE: Friends forgive one another.

Read Colossians 3:13

DAY **1**

Forgive and Forget

Get a piece of paper. Place it somewhere you can easily get to. Keep a pencil nearby as well. This week, each time someone does something to you that you think is wrong, make a mark on the paper. At the end of the week, look at the paper with the marks on it. Now rip up the paper. Forgive everyone you made a mark for, just like Jesus forgave you.

THINK about all God has done for you.

DAY **2**

Talk About It

With a parent, read **Colossians 3:13**. Is it easy to forgive someone? Not all the time. This verse talks about forgiving someone when they have hurt you *because God forgave you*. Talk to your parent about an example of when you forgave someone. Ask your parent, when was the last time they had to forgive someone. Together, talk about what it's like to give forgiveness.

THANK God for giving you the forgiveness you need.

DAY **3**

Heavy Weight

Go on a walk with a strong bag. Every so often, pick up a rock and put it in the bag. Put rocks in the bag until the bag feels heavy. This is what happens when we do not forgive. It weighs on us, not the person we don't forgive. Now, dump the rocks out of the bag. Enjoy how it feels to be free.

KNOW that forgiveness frees us.

DAY **4**

Give It Time

With the help of a grownup, look up how long it takes for a broken leg or arm to heal. Hurts do not heal right away. When a friend hurts us, even if we forgive them, we do not always feel better right away. Give yourself time to feel better.

ASK God to help you heal after being hurt.



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WEEK **4**
K-1st

BOTTOM LINE: Friends encourage one another.

Read | Thessalonians 5:11

DAY
1

Prayer Reminders

Find some pictures or objects that remind you of your friends. Collect at least seven. Each day choose a different object and pray for that friend.

ASK God to show you other ways you can encourage them as well. Tell the friend you prayed for them that day.

DAY
2

Block-It Off

Count out 21 blocks or other building toys. Put tape on each block, then write one word from the Bible verse on each block. Make sure and include the reference on one block as well. Use the blocks to build patterns. The shape of the patterns is up to you, just make sure you put the words in the verse in the correct order. Ask a grownup to help you if you need it.

LOOK at all the different patterns you can make. Then think about all the different ways you can encourage your friends.

DAY
3

Build Up Blue Prints

Draw a picture of a friend. Now make notes of anything they do. What subjects do they study in school? What sports do they play? Do they like dancing? Video games? Hiking?

After you finish making your notes, **THINK** of ways you can encourage your friend in each area of their life.

DAY
4

Make a Card

Make a card of encouragement for a friend this week. Use your imagination and try to make the card your friend would like the most. Do not sign the card. Find a way to “sneak” it to them.

KNOW that this will encourage your friend.

