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# DETERMINATION DECIDING IT'S WORTH IT TO FINISH WHAT YOU STARTED

BOTTOM LINE: Keep going even when it gets hard.

#### Read Galatians 6:9

### Create a Story

This month we're talking about determination—which is deciding it's worth it to finish what you started. Find a picture of someone showing determination or working hard in a magazine.

Imagine what is going on in that picture. Write or draw a story of someone working hard and explain how the person in your picture uses determination to get the job done. ASK God to help you have the same determination when you have something hard to do.

### Ask an Adult

Ask an adult to tell you about a time when they used determination to do something that was harder that they thought it would be. Ask: how did it feel when you were doing it and how did it feel when you completed it. **KNOW** that you are not the only person to have to do something hard.

# Do Good for Others at Home

Have an adult help you look up Galatians 6:9 in your Bible. This week do three good things around your home. You could do three things for a parent, like help with dinner, clean the bathroom, or set the table. Or you could do one good thing for three people. You can help one person with dinner, help another clean their room, and then clean up the living room for everyone. No matter how hard the job is, make sure you stick to it and do all three this week. LOOK for ways you can do your good deeds all week.

### Exercise Prayer

From the list below, start with your favorite and do each of the following exercises five times. For example, do 5 Jumping jacks, followed by 5 push-ups, etc. for 5 rounds. During the exercise, pray to God about your day. Thank Him for things that went well and ask for help with things that didn't. Keep up both the prayer and the exercise. It will get harder to exercise and to pray the longer you go.

- Jumping jacks
- · Push-ups
- Sit-ups • Squats
- THANK God when you finish for the air in your lungs and the heart in your chest



## DETERMINATION DECIDING IT'S WORTH IT TO FINISH WHAT YOU STARTED

BOTTOM LINE: Keep going even when the job is bigger than you think.

Read Acts 10:35

# The Envelope Game

Ask an adult to plan three chores for you. The first should be small, the second larger, and the third is the largest. Have the adult write down each job and place it in a separate envelope. With each finished task, you will receive a new envelope. Your job is to keep going even when the job is bigger than you think.

**THANK** God for the ability to keep going no matter how big the job.



### People Pictures

Find a piece of paper and something to draw with. In the center of the paper write, "Go tell about Jesus!" All around the words draw pictures of all different types of people. Draw people with every kind of hair, skin, eyes, and clothes. God gave Paul the job of telling all different types of people the good news about Jesus. This was a big job! LOOK at your picture and know that even if God gives you a job as big as Paul's was, He will help you to keep going!



#### Do Good for Others at School

Have an adult help you look up Galatians
6:9 in your Bible. Pick three good things
to do at school this week. You might help
the teacher organize the classroom, pick
up all the trash in the cafeteria or on the
playground, or help a friend with a project.
KNOW that no matter how big the task
gets, you can ask God to help you finish it.



## Keep Praying!

Say this prayer, "God, this is big, but I know you are bigger! Help me to keep going." Repeat this prayer anytime this week when the job you are doing becomes bigger than you thought it would be. Remember to **ASK** God to help you no matter how big or small the job is.



# • DETERMINATION DECIDING IT'S WORTH IT TO FINISH WHAT YOU STARTED

K-1st

BOTTOM LINE: God gives you what you need to keep going.

Read Ephesians 6:10-18

#### Make a List

With an adult's help, make a list of all the hardest jobs you can imagine. Try to think of at least ten jobs. Keep trying no matter how hard it gets. Pray for the people who do these jobs. Pray that God would give them whatever they need to help them finish the job, no matter how hard it is. KNOW that God hears your prayers and will help the people with their hard tasks.

### Put On the Armor

Using things you find at home, make examples of the armor of God. You can make the belt of truth, the armor of godliness for your chest, the shoes of peace, the shield of faith, the helmet of salvation, and the sword of the Holy Spirit. Put on the armor and explain it to the other members of your family. ASK God to help you remember the armor and how He gives you everything you need to keep going.

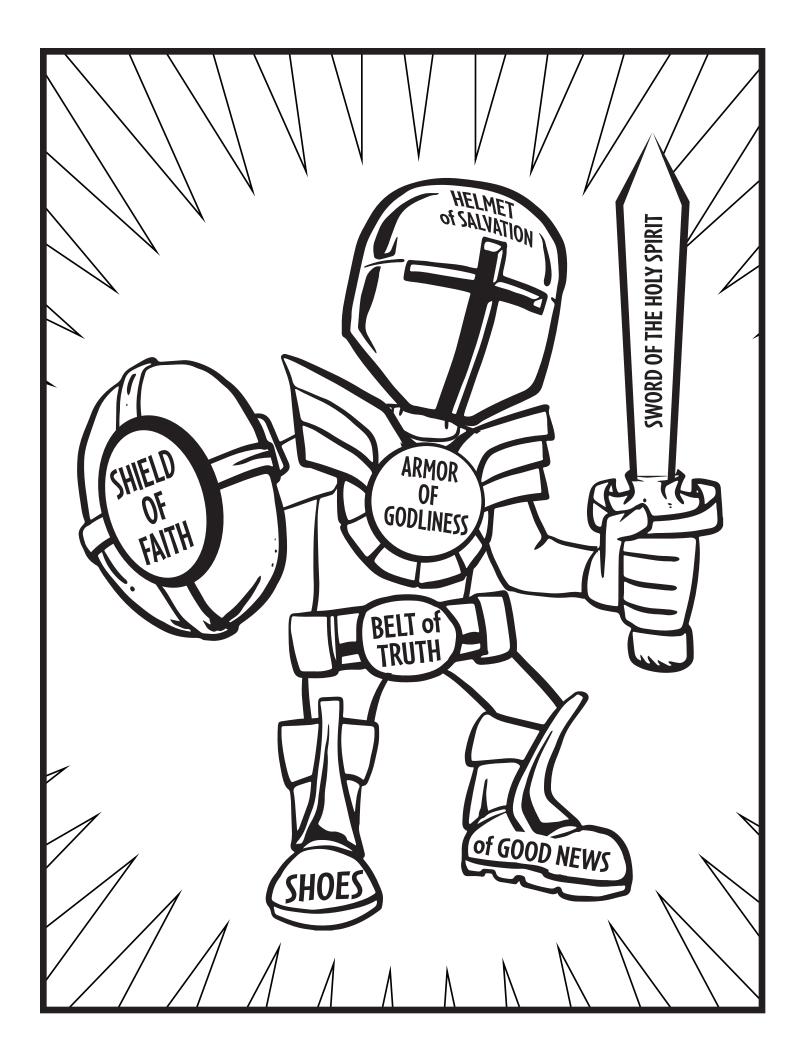
#### **Grocery List**

With the help of an adult, pull out a cookbook and look up a yummy dessert.

Make a list of the ingredients you will need to make the dessert. Go to a grocery store and look for the ingredients you need. LOOK at all different kinds of ingredients the store has. Know that just like the store has all the ingredients you need for your dessert, God will give you what you need to get the job done for Him.

#### Bible Verse Cheer or March

Have an adult help you look up Galatians 6:9 in your Bible. Learn the verse as a cheer or a march to keep doing good no matter what. Use the cheer or march whenever you feel like giving up on something good. **THANK** God for giving you a verse to remember when you want to give up.



## DETERMINATION DECIDING IT'S WORTH IT TO FINISH WHAT YOU STARTED

K-1st

BOTTOM LINE: Keep going because God knows the end of the story.

Read Philippians 1:6

#### The Ultimate Reward

Ask an adult to go for a walk with you. While you are on your walk imagine what heaven would look like. Point out the things you see in nature and talk about what it would be like in Heaven. Would it be brighter or bigger, maybe even more colorful?

LOOK for things this week that you think would be in Heaven.

### P.R.A.Y.

Using the letters P, R, A, and Y, create a prayer that you can hang on your wall to remind you of the hope God gives us in Heaven.

Praise God that He has made a place where we can be with Him.

Remember that our reward is not here, but it is in Heaven.

Ask God to remind you of Himself and Heaven whenever you are sad.

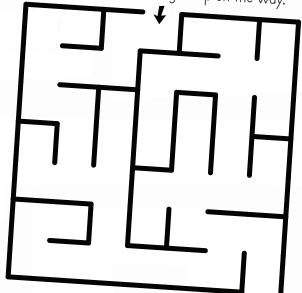
You can be happy because God has a plan for you.

#### Take a Survey

A survey is when one person asks many different people what they think about something. Take a survey of friends, family, and others and ask them to describe Heaven in one word. Some people will give you silly answers or tell you no, so keep working until you get ten good answers. Report your answers to a parent or trusted adult. KNOW that no matter what anyone says for their answer, Heaven will be far better than anyone can imagine.

## Don't Give Up Maze

Complete this maze. Don't give up on the way.



HEAVEN

THANK God for giving you the determination to keep going.

