

# HUMILITY

WEEK 1

K-1<sup>st</sup>

PUTTING OTHERS FIRST  
BY GIVING UP WHAT YOU  
THINK YOU DESERVE.

BOTTOM LINE: I can put others first by serving them.

Read Philippians 2:3

DAY 1

## Mission: Serve Others

Ask your family members which chores are their least and most favorite to do. When you finish, grab a piece of paper and draw a picture of each member of the family and what they do not like to do. Each day this week, choose one member of your family and serve them by doing or helping with the chores they do not like to do.

**THINK** about what you can do to serve those closest to you.

DAY 2

## Footprint Serve Cards

Draw out five footprint shapes or trace your own feet. Write the Bible verse, Philippians 2:3, inside each footprint. Then, think of five ways you can help others. At the bottom of each footprint page, write "Good for one \_\_\_\_\_." Fill in each blank with the list you made. Give a member of your family or a friend one or more of the footprint "Serve Cards" to use when they need help.

**KNOW** that you have taken the first step to serving others.

DAY 3

## Serve Collage

Ask an adult to help you cut out pictures from a newspapers or magazines. Look for pictures of people helping other people. Glue or tape all the pictures to a piece of paper to make a collage.

**ASK** the adult helping you what they think are good examples of serving others.

DAY 4

## S.E.R.V.E. Prayer

This week, follow the "S.E.R.V.E." plan when you pray.

Lord, this week help me . . .

See how I can serve others in my life.

Expect to work hard serving others.

Remember that You served us all first.

Voice the need to be servants to those around us.

Enjoy the happiness that comes from serving.



# HUMILITY

WEEK **2**  
K-1<sup>st</sup>

PUTTING OTHERS FIRST  
BY GIVING UP WHAT YOU  
THINK YOU DESERVE.

**BOTTOM LINE:** I can put others first by letting go of what I want.

Read Philippians 2:3-4

DAY

**1**

## P.R.A.Y. for Others

Pick a prayer time this week and, instead of praying for what you want, pray for others.  
Pick a prayer time this week and, instead of praying for what you want, pray for others.  
Pick a leader at school that you can pray for.  
Remember something you heard or saw that involved a friend and pray for them.  
Ask God to work through you and help you put the needs of others first.  
Your family members

DAY

**2**

## Let Others Go First

This week, to remind you that Jesus put God's will first, let others go in front of you in line. Use any line from the lunch line to a line at the playground. Just allow someone to go in front of you all week.  
**LOOK** at how putting others first makes them feel. Pray and thank God for the strength to put others first.

DAY

**3**

## Look It Up/Act It Out

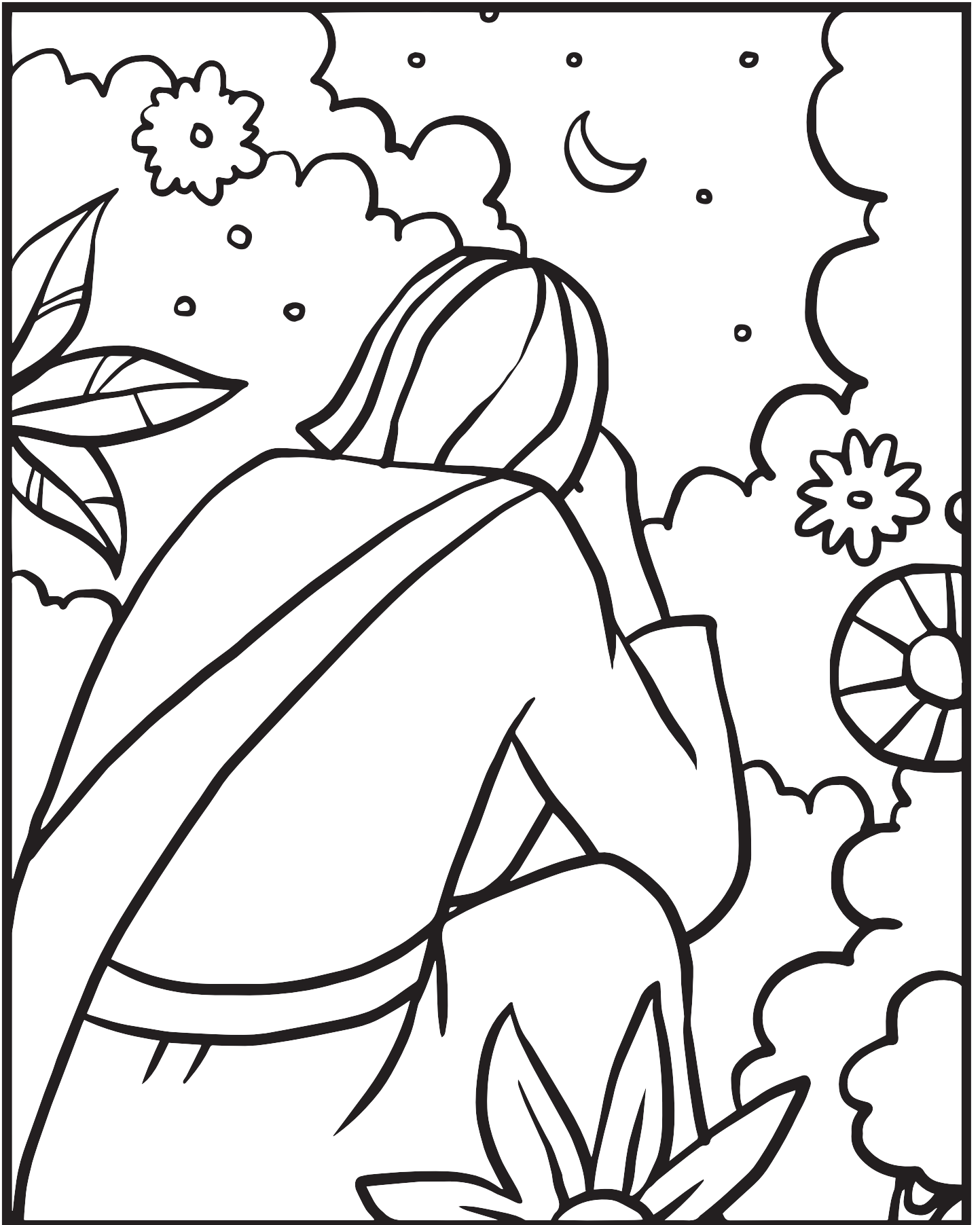
With an adult, look up Philippians 2:3-4. Read the verse together. On a piece of paper, brainstorm different situations where you would put someone first. You and the adult act out a few of these scenarios. Think of ways you can put others first in your real life.  
**THANK** God for Jesus' example of putting others first.

DAY

**4**

## Ask an Adult

Ask an adult about a time when they had to put others first. Ask them how it felt. Ask them if they prayed about it. Then ask them to read you the Bible story from Matthew 26:36-46 and share their thoughts.  
**KNOW** that Jesus put others first because He loved them.



# HUMILITY

WEEK **3**  
K-1<sup>st</sup>

PUTTING OTHERS FIRST  
BY GIVING UP WHAT YOU  
THINK YOU DESERVE.

BOTTOM LINE: I can put others first because Jesus put me first.

Read Philippians 2:3

DAY

1

## Thank You Note

This week, we learned that Jesus gave His life for us to have a relationship with God.

Get a sheet of paper and some crayons.

Write out or draw your thank you note to Jesus for what He did for you. Ask Him for the strength to follow His example and put others first in your life.

**KNOW** that God does more for you than He ever asks you to do for someone else.

DAY

2

## Pick Three

Pick three things you will do this week to put others first. You might let another person have what you want. Maybe you share your dessert with someone who likes the same thing. Whatever three things you pick, decide ahead of time that you will do them this week.

**LOOK** for ways to fulfill your three things this week.

DAY

3

## Comic Strip

Draw a comic strip about someone who put others first. What do the comic panels look like? What do the people say? Use as much detail as you like. Share your comic with your family and friends.

**THANK** God for the ability to put others first.

DAY

4

## Sing It!

With an adult, read Philippians 2:3. After you read the verse, make the verse into a song or chant. Sing it over and over to help you remember it.

**ASK** God for the courage to put others first.



# HUMILITY

WEEK **4**  
K-1<sup>st</sup>

PUTTING OTHERS FIRST  
BY GIVING UP WHAT YOU  
THINK YOU DESERVE.

**BOTTOM LINE:** I can put others first by doing what Jesus said.

Read Matthew 22:37-39

DAY  
**1**

## Jesus Said It

Look up the following verses in the Bible. Have an adult help you if you need it:

Matthew 5:44

In this verse, Jesus said we are even to love our enemies. Being kind to those who are mean to you is a way of putting others first.

Matthew 22:37-39

We show love to God and others when we put other first.

Pray and ask God to help you learn and remember these verses.

**KNOW** them, so that you can know when to put others first.

DAY  
**2**

## Keep Track

For one week, keep a notebook or a piece of paper with you. Each time you choose to put others first, make a mark. Pay attention to how it makes someone feel to be put first. At the end of the week, look at how many times you were able to others first.

**THANK** God for the ability to put others first.

DAY  
**3**

## Toy Theatre

Using the toys or other objects around the room. Play out a story where one of the toys doesn't put others first. Have this toy only look out for himself or herself. How does this make the other toys feel? Do they want to be friends with this toy? **KNOW** that when you look out only for yourself, you can hurt others, whether you mean to or not.

DAY  
**4**

## Learn How To Do It Better

Choose one friend. By asking and watching them, you can learn better ways to put them first. You can draw or make notes about your ideas if you need to.

**ASK** God for better opportunities to serve your friends.





# HUMILITY

WEEK **5**  
K-1<sup>st</sup>

PUTTING OTHERS FIRST  
BY GIVING UP WHAT YOU  
THINK YOU DESERVE.

**BOTTOM LINE:** Put others first.

Read Matthew 20:28

DAY

1

## Invite A Friend Over

Ask your parents if you can have a play date with one of your friends. While they are with you, let them choose what to do. Whatever they decide, enjoy it and have fun. Work to make sure your friend comes first the entire time. **KNOW** that by doing this you are making your friend feel special.

DAY

3

## Humility Teacher

After you read Matthew 20:28, copy this verse on a separate sheet of paper. Or ask your parents if you can do this next part directly in your Bible. Look at the verse and circle the words that remind you of what we've been talking about this month. In order to serve others around us, at school or at home, we have to humble ourselves. **THANK** God for teaching you about the value of humility and giving you the ability to be humble.

DAY

2

## Can I Be At The End?

Write or have an adult write a note to your teacher, or coach, or dance instructor. Ask them to allow you to spend the day or week at the end of the line. Your note should say that you are working on putting others first, but that you do not wish to draw attention to yourself. Then spend the week at the end of the line. **LOOK** at your friends in front of you and be thankful God helped you put them first.

DAY

4

## Put Others First Prayer

It's easy to walk a room and think people are there to serve us. Think about it, if anyone on Earth was worthy to be served it was Jesus, the Son of Man. Instead, He chose to humble Himself and serve us. That's huge! A lot of times we don't know where to start when it comes to serving. Don't let that stop you. You can pray about it. **ASK** God to help you show that you are here to serve others rather than be served.

